

| LANDESREKORDE 2021 | | | | | |
|---------------------------|------------------|-------------------------|----------------|------------------|-----------------|
| AK | DISZIPLIN | NAME | VORNAME | VEREIN | LEISTUNG |
| W 40 | DISKUS | RESCHKE | INGA | LG BREMEN-NORD | 44,83m |
| W 40 | HAMMERWURF | WILL | MICHAELA | TuS HUCHTING | 37,80m |
| W 55 | H-MARATHON | FICHTNER | ANTJE | SV WERDER | 02:08:32 |
| W 55 | MARATHON | HEILAND | ASTRID | LET's RUN Bremen | 04:26:30 |
| W 65 | 10km | BAYER-THIEMIG | ANKE | ATS BUNTENTOR | 57:16:00 |
| W 65 | MARATHON | OTHOLT-HANEBERG | ILSE | LET's RUN Bremen | 04:44:22 |
| W 75 | 100m | ROST-BRASHOLZ | GABRIELE | LG BREMEN-NORD | 21,82/+0,1 |
| W 75 | 800m | ROST-BRASHOLZ | GABRIELE | LG BREMEN-NORD | 03:53:15 |
| W 75 | 1500m | ROST-BRASHOLZ | GABRIELE | LG BREMEN-NORD | 07:46:22 |
| W 75 | 3000m | ROST-BRASHOLZ | GABRIELE | LG BREMEN-NORD | 15:52:92 |
| W 75 | 5000m | ROST-BRASHOLZ | GABRIELE | LG BREMEN-NORD | 27:32:18 |
| W 80 | 10km | BAYER | WALTRAUD | LG BREMEN-NORD | 1:06:54 |
| M 30 | 400m | WEDEKÄMPER | FELIX | SV WERDER | 52,52 |
| M 30 | 110m HÜ | WEDEKÄMPER | FELIX | SV WERDER | 14,96/+0,1 |
| M 30 | 10 000m | KOHLWES | SEBASTIAN | SV WERDER | 32:00,06 |
| M 35 | H-MARATHON | BLOHME | THOMAS | LET's RUN Bremen | 01:19:56 |
| M 45 | 10km/MANN | EILINGHOFF/HÜLSS/SILIES | | ATS BUNTENTOR | 01:50:15 |
| M 50 | DREI | GOGOL | MARC | LG BREMEN-NORD | 10,74m/+0,0 |
| M 55 | 200m | CHRISTEN | GEROLD | SG MARSSSEL | 30,90/-1,7 |
| M 55 | WEIT | CHRISTEN | GEROLD | SG MARSSSEL | 3,99m/-0,9 |
| M 55 | DISKUS | CHRISTEN | GEROLD | SG MARSSSEL | 23,21m |
| M 55 | SPEER | CHRISTEN | GEROLD | SG MARSSSEL | 33,37m |
| M 55 | 5-KAMPF | CHRISTEN | GEROLD | SG MARSSSEL | 1968 Pkte. |
| M 55 | 5000m | MINGE | FRANK | LG BREMEN-NORD | 18:26,06 |
| M 55 | H-MARATHON | MINGE | FRANK | LG BREMEN-NORD | 01:22:23 |
| M 55 | H-MARA/Staffel | MINGE/NAUE/BANNIES | | LG BREMEN-NORD | 04:22:07 |
| M 65 | 10km | MEMERING | BERNHARD | ATS BUNTENTOR | 42:14 |
| M 65 | MARATHON | HANEBERG | HOLGER | LET's RUN Bremen | 04:17:20 |
| M 75 | H-MARATHON | BLANIA | HEINZ | LET's RUN Bremen | 02:11:18 |
| M 80 | 100m | BRECHMANN | GÜNTER | TuS HUCHTING | 16,25/+0,8 |
| M 80 | WEIT | BRECHMANN | GÜNTER | TuS HUCHTING | 3,49/-0,4 |